



## ABOUT SENIOR HEALTHLINK

The Senior HealthLink Home Visitation program was started in 1989 to support older adults in their homes while providing a clinical experience in community health for student nurses from area nursing schools.

Over the years the program has expanded beyond home visitation to include community outreach and an information phone line.

Senior HealthLink fills in the gap for senior citizens after discharge from the hospital, insured home care or in between physician visits to prevent unnecessary emergency room visits or rehospitalizations by providing health promotion, health education and socialization that can help maintain continued health stability.



## PENN MEDICINE AT HOME

Penn Medicine at Home relies on the generosity of individuals, community organizations, foundations and corporations to support our programs and services that may not be covered by insurance. To make a donation, call our Development office at **215.898.0578** or visit [PennMedicine.org/AtHome](https://PennMedicine.org/AtHome).

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# SENIOR HEALTHLINK



BRINGING PREVENTIVE HEALTH CARE TO SENIORS

# SENIOR HEALTHLINK

## PROGRAM SERVICES

The Senior HealthLink (SHL) program brings preventive health care to community dwelling senior citizens at no charge, while providing a community health experience for area nursing students. The program provides health assessment, instruction and resource referral which promotes optimal health, independence and self management of chronic medical conditions.

### HOME VISITATION

Upper level nursing students – supervised by their nursing instructors, program director and nursing staff – visit Chester County residents who are 55 years or older in their homes for:

- Blood pressure / heart rate checks
- Basic health assessments
- Medication reviews
- Health surveys
- Health education
- Home safety assessment
- Community resource information
- Social visit

### OUTREACH

SHL nursing staff and students offer community health education programs and health screenings, including blood pressure, hydration and fall risk. The SHL staff also facilitates a Parkinson's Disease Support Group.

### INFORMATION PHONE LINE

Knowledgeable staff members are available by phone to assist with questions about community services or programs and provide appropriate referrals.

#### **Why is this important?**

Today's elderly population are living longer and are faced with challenges related to multiple chronic health conditions that impact personal independence, self-determination and quality of life.

#### **The goals of the SHL program are to:**

- Promote optimum health and independence
- Prevent unnecessary hospitalizations
- Provide socialization

#### **How can I access this service?**

Dial the SHL number below and leave a message with your name and telephone number; staff will call you back.

### CONTACT

**610.431.1852**  
**800.848.1155**



# SENIOR HEALTHLINK

## NOW OFFERING HEALTH VISITS BY PHONE!

Senior Health Link is pleased to offer a **TELEPHONIC HEALTH VISIT** option.

These telephonic visits provide preventive and maintenance healthcare to our clients remotely as an alternative to home visitation, which may be limited due to the ongoing COVID-19 pandemic. This service is available to any current SHL client as well as any community-dwelling senior that is in need of a routine telephone call to 'check-in' on health status and to socialize.

**PLEASE CALL 610.431.1852**

to receive this service or for more information. We look forward to speaking with you.